

# Whitmer Word

*January 2023*

**Mrs. Bronikowski, Principal**

January 2023 has arrived!

Our learners are continuing in some classes and have an opportunity to explore new content in others. Grades for first semester have been finalized and will be emailed this evening. Also, updated grade information can be viewed daily through Power School. If there are concerns over final grades, reach out to the teacher for clarification.

Our winter sports and extracurriculars are in full swing! Special congratulations to members of our bowling team for winning the Metro High School League Championship!

As always, call our main office line at 419-473-8490 with questions.

Thank you for continuing to be partners in education with us!

## Upcoming Dates:

1/12 Freshmen class ring pick up in the senior lobby

1/12 Family Contact Time (by appointment) 3:15-7:15 PM

1/13 Family Contact Day (by appointment) NO SCHOOL

1/16 Martin Luther King Jr. Day-NO SCHOOL

1/24 CCP Virtual Meeting 6 PM (for any Whitmer student who intends to take college courses next school year)

## Student Dismissal

Dismissal time for Whitmer High School is 2:35 PM. For safety and supervision purposes, students remaining in the building are required to be with a club or activity. Students are not permitted to wait inside the building for a ride as we do not have supervision available. Busses are available for transportation.

## Student Drop Off and Pick Up

Schroeder Street (perpendicular to Clegg Drive) is not a school authorized pick-up/ drop-off location. Please help us be better neighbors by not using their private street to drop students off in the morning or pick them up in the afternoon.

As a reminder, academics begin at 7:40 AM and the student day ends at 2:35 PM.

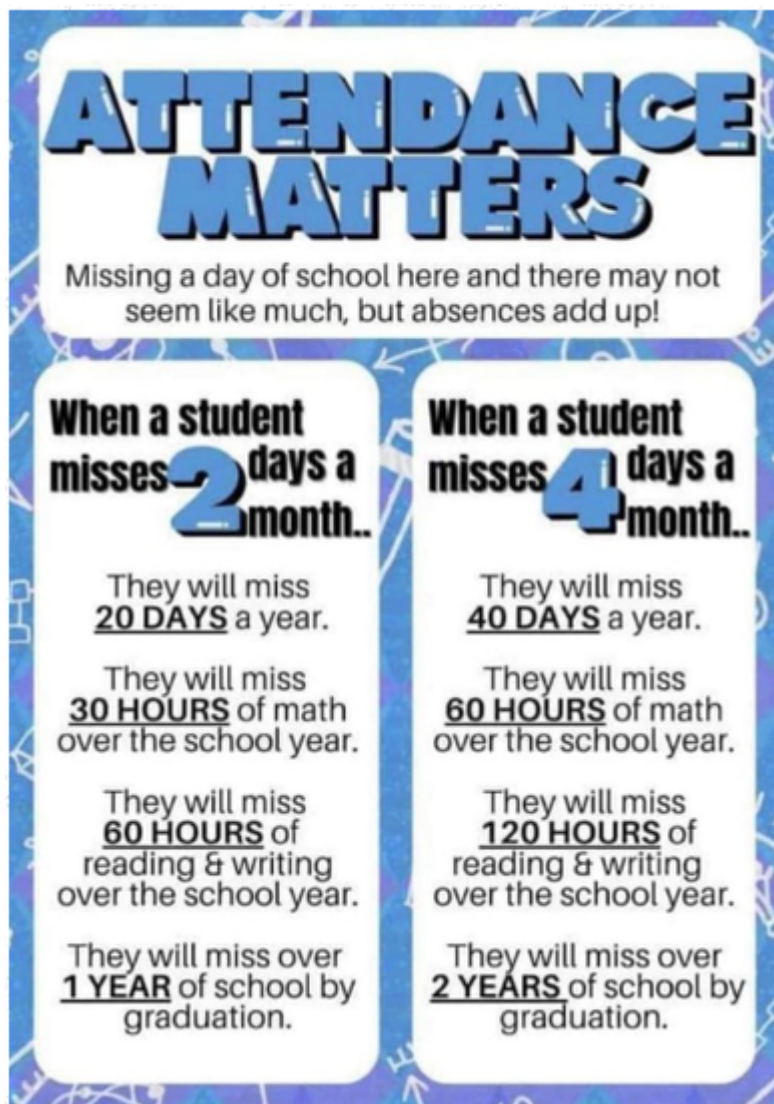
### \*Attention Class of 2023\*

This [Class of 2023 Information Letter](#) contains details about all end of year activities. It also has the [FORM](#) seniors need to complete stating that they have read, understand, and agree to the information as presented. The Class of 2023 website will be coming soon! People can also email [classof2023info@wls4kids.org](mailto:classof2023info@wls4kids.org) with questions.



## Safer OHIO SCHOOL TIP LINE 844-734-3764

The Ohio School Safety Center (OSSC) established the tip line in August 2019. The tip line is anonymous and can be called or texted 24/7. Tips are then routed to the appropriate responding agency (ex. Law enforcement, schools, etc.). Examples of reports include bullying, self-harm or suicidal statements, verbal or written threats, or illegal drug use.



## Kroger Rewards Helps Raise Funds for Student Activities!

Selecting the organization that you wish to support is as simple as updating the Community Rewards selection on your digital account.

1. Sign in to your digital account.
2. Go [here](#) to search for your organization.
3. Enter the name or NPO number of the organization that you wish to support: WHITMER HIGH SCHOOL PBIS or NPO is FA267
4. Select the appropriate organization from the list and click "Save."

Your selected organization will now display in the Community Rewards section of your account. If you need to review or revisit your organization, you can always find these details under your [Account](#) details.

Any transactions moving forward using the Shopper's Card number associated with your digital account will be applied to the program. It takes approximately 10 days for the Community Rewards total to begin displaying on your receipt.

## Social Worker Snapshot School Stress

Happy New Year...or not? Are you hearing your student/s say they are "stressed?" Are you noticing your child is experiencing difficulty managing their level of stress or school expectations? It is important to check in with children to evaluate how they are managing their stress levels. As parents

and caregivers, it is helpful when we teach our children how to maintain a healthy balance in life. If you feel your child is struggling, there are many resources, strategies and community agencies that are available to help. Check out the resources listed below. Feel free to call Becky Swisher-District Social Worker 419-473-8336 or your School Counselor for additional information and assistance.

### Symptoms of Stress

- Sleep Disturbances
- Mental Health Concerns
- Physical Health Complaints
- Easily irritated or annoyed
- Overeating
- Over reacting to situations
- Substance Abuse
- Sadness/feeling down
- Worrying
- School absences
- Thoughts of Suicide or to self-harm.

(If someone is having thoughts of suicide or self harm-**seek help immediately**.  
Call 911, the Crisis CARE Line 419-904-CARE (2273) or go to a hospital ER)

### RESOURCES

- 1)<https://www.webmd.com/parenting/features/coping-school-stress#1>
- 2)<https://blog.collegevine.com/6-techniques-for-dealing-with-stress-in-high-school/>
- 3)<https://www.healthline.com/health/stress/stress-management-school#stress-management-skills>

## IS IT A COLD, FLU, OR COVID?

Lucas County is currently reporting high levels of influenza and moderate levels of COVID. It can be very difficult to tell the difference between flu, COVID, and the common cold as they all share similar symptoms. I am seeing all of these illnesses in the nurse's office, along with strep throat.

Here is a checklist from the National Institute of Health that outlines the similarities between the illnesses.

Common Symptoms	Cold	Flu	COVID-19
Fever and/or chills		✓	✓
Headache		✓	✓
Muscle pain or body aches		✓	✓
Feeling tired or weak		✓	✓
Sore throat	✓	✓	✓
Runny or stuffy nose	✓	✓	✓
Sneezing	✓		
Cough	✓	✓	✓
Shortness of breath or difficulty breathing		✓	✓
Vomiting and diarrhea		✓	✓
Change in or loss of taste or smell			✓

In general, if your child doesn't feel well or is ill with fever, vomiting, or diarrhea, they should stay home! Before returning to school, your child should be fever free for 24 hours without the use of fever reducing medicine; for vomiting and diarrhea, they should wait 24 hours from their last episode. If your child has other illness symptoms, but not presenting with fever, vomiting, or diarrhea, you will need to determine if their symptoms are severe enough to warrant staying home. Whatever symptoms your child is presenting with, make sure that they are well enough to complete a full day of school! Good health habits can help prevent illness! Make sure your child eats a healthy diet with fresh fruits and vegetables, gets adequate rest and hydration, practices good hand washing, coughs into their elbow, keeps their hands away from their mouth and nose, and considers using a mask when ill or when in crowded spaces.

## ILLNESS/INJURY PROCEDURE!

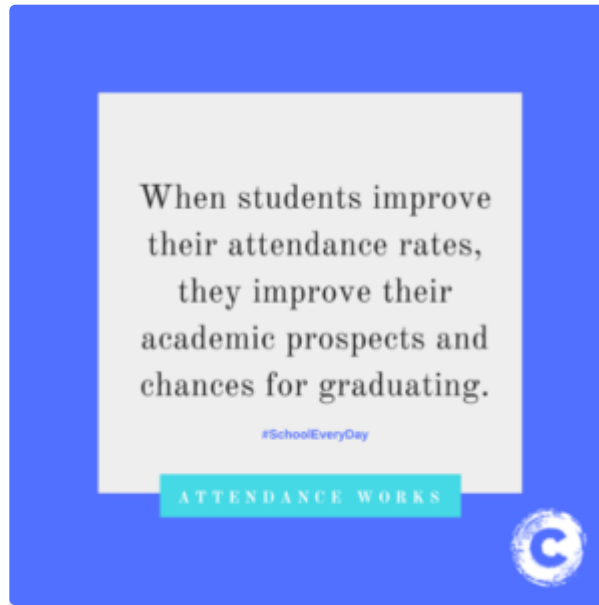
Students that are ill during the school day and need an early excusal should come to the nurse's office to evaluate their symptoms. If your child texts you to pick them up for illness, for the sake of student safety and to save you time, please remind them to go through the nurse and wait for me to call you. I will evaluate your child's illness and call you to discuss your child's illness/injury and make arrangements for an early excusal plan. I will always call you if your child wants to go home!

## PARENTS OF JUNIOR STUDENTS

Please talk to your child's physician about getting their meningitis vaccine. This vaccine can be given anytime AFTER your child's 16th birthday but BEFORE the start of your child's senior year. Please bring

in a physician statement to the nurse's office indicating the date the vaccine was given so that I can update your child's information and record them as being complete for the requirement.

Start the New Year with a strong commitment to improving school attendance. It's never too late to start learning!



# College Credit PLUS

## College Credit Plus

The Washington Local School District wishes to inform all students in current grades six through eleven and their parents or guardians of the **College Credit Plus** informational session for the 2023-2024 school year. This year the informational session will be available virtually on Tuesday, January 24, 2023 at 6 PM on the Whitmer website. Information about Bowling Green State University, Lourdes University, Owens Community College and The University of Toledo will also be included in the presentation.

Ohio's College Credit Plus program allows students to earn college and high school credits at the same time by taking college level courses from colleges or universities. The purpose of this program is to promote rigorous academic pursuits and to provide a wide variety of options to college-ready students.

Parents/guardians, please consider this program very carefully. This program may or may not be appropriate for your student. During the informational session the following information will be discussed: the benefits and consequences of participation in the College Credit Plus program, student eligibility, earning credits, books, cost of participation, and course scheduling. All students/families

who view the virtual session, will be provided an Intent to Participate form. This form must be completed and returned to Chloe Fairchild, school counselor at Whitmer High School, before we can consider your student for this program. After the Intent to Participate form is returned, (s)he must fill out the application on the website for the college/university in which they are interested in enrolling. The college will admit students based on college-readiness in one or more subject areas. The Intent to Participate Form is due by April 1, 2023. No late forms will be accepted.

## Class of 2023 Senior Information

Click on the graduation cap below for more information.



## Whitmer College Visits

Whitmer hosts many college and university visits! Check out this link to meet with college reps:

[Whitmer College Visits](#)

## Post-Secondary Visits

Students are permitted four visits throughout their junior and senior year. Students must fill out and submit a [Post Secondary Visit form](#) prior to their visit. Upon return, written documentation will be required for the absence to be excused and the student to make-up missed work. This form must be turned into the Attendance office with the appropriate signatures prior to the date of the scheduled visit.

## Transcript Requests

Please use [this form to request a copy of your transcript](#) - make sure you are logged in with your google account. You will be asked if you want the transcript to be sent now (an unofficial copy that reflects your current credits) or if you would like us to hold your request until grades are finalized (in February for January grads and June for Typical grads). All colleges require a final transcript to solidify college acceptance. If you have any questions about this form or need to provide additional information about your request (military candidate number, etc.) please see Ms. Jacobs in the Counseling office or email [transcripts@wls4kids.org](mailto:transcripts@wls4kids.org).

## Scholarship Information

Check out the WHS Counseling Center Page for local and national scholarships:

[WHS Counseling Center Scholarship Page](#)



## 2022-23 School Calendar

(Board Approved 5/19/21)

REVISED AND BOARD APPROVED 6/1/22

August 2022							September 2022							October 2022							November 2022						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6				1	2	3							1			1	2	3	4	5	
7	8	9	10	11	12	13	4	5	6	7	8	9	10	2	3	4	5	6	7	8	6	7	8	9	10	11	12
14	15	16	17	18	19	20	11	12	13	14	15	16	17	9	10	11	12	13	14	15	13	14	15	16	17	18	19
21	22	23	24	25	26	27	18	19	20	21	22	23	24	16	17	18	19	20	21	22	20	21	22	23	24	25	26
28	29	30	31				25	26	27	28	29	30	23	24	25	26	27	28	29	27	28	29	30				
													30	31													

December 2022							January 2023							February 2023							March 2023						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3	1	2	3	4	5	6	7			1	2	3	4			1	2	3	4		
4	5	6	7	8	9	10	8	9	10	11	12	13	14	5	6	7	8	9	10	11	5	6	7	8	9	10	11
11	12	13	14	15	16	17	15	16	17	18	19	20	21	12	13	14	15	16	17	18	12	13	14	15	16	17	18
18	19	20	21	22	23	24	22	23	24	25	26	27	28	19	20	21	22	23	24	25	19	20	21	22	23	24	25
25	26	27	28	29	30	31	29	30	31					26	27	28					26	27	28	29	30	31	

April 2023							May 2023							June 2023						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
						1		1	2	3	4	5	6					1	2	3
2	3	4	5	6	7	8	7	8	9	10	11	12	13	4	5	6	7	8	9	10
9	10	11	12	13	14	15	14	15	16	17	18	19	20	11	12	13	14	15	16	17
16	17	18	19	20	21	22	21	22	23	24	25	26	27	18	19	20	21	22	23	24
23	24	25	26	27	28	29	28	29	30	31				25	26	27	28	29	30	

Grey = All Buildings/Offices Closed (Holidays & Weekends)	Teal = PD and Meeting Day (No Students) / Open House	White = Student Instructional Day
Blue = No Students/Teachers; Offices Open	Green = Teacher Work Day (No Students)	Orange = Family Contact Time (No Students)
Yellow = PD and Meeting Day (No Students)	Red = Staggered Start (A-K one day, L-Z next day)	Pink = Early Release: K-6 released at 12:30 p.m.; 7-12 released at 11:30 a.m.

## We are hiring!

Washington Local Schools are hiring for a variety of positions.

<https://www.applitrack.com/washloc/onlineapp/jobpostings/view.asp?all=1&fbclid=IwAR3LJchVU8BRiwEsL4kVJ1Ivq1pT8hV7dVIUg0h6vLnBRyfrAXRVETQ3f0>

**WLS FAMILY: WE WANT YOU!**

**OPEN POSITIONS**

- BUS DRIVERS
- CLASSROOM AIDES
- NUTRITION SERVICES
- SAFETY AIDES
- SUBSTITUTES

**JOIN OUR TEAM**

Scan the QR code or email: [LSPEEGLE@WLS4KIDS.ORG](mailto:LSPEEGLE@WLS4KIDS.ORG)

Apply Today

Full and Part-Time Positions Available

## Washington Local Schools Foundation

### [CONNECTING PANTHER NATION](#)

Washington Local Schools Foundation connects Panther Nation, and beyond, with philanthropic opportunities to provide the resources needed for ALL students to excel inside and outside of the classroom through innovative and extraordinary experiences. Please click on the title for more information.





# Class of 2023

## Countdown to Graduation 2023!!

- Complete your FAFSA!
- **Verify the spelling of your name for your diploma and complete your Senior Letter.** See Ms. Ewing in the Counseling Center if you have any questions.
- Set up your online Parchment account so you can send your transcript. You cannot be admitted to any college or university until you send your transcript through Parchment.com.
- If the college wants to see second semester grades, be sure to let your counselor know.
- **No senioritis, please!** Accepting colleges do look at second semester grades!
- Send thank you notes to teachers who wrote your letters of recommendation and supported you through the college search and application process.



2022-2023

## WLS Calendar Highlights

<p>FIRST DAY A-K </p> <p><b>AUG 18</b></p> <p><small>HS: 9th/New Only</small></p>	<p>FIRST DAY L-Z </p> <p><b>AUG 19</b></p> <p><small>HS: 9th/New Only</small></p>	<p>WHS GRAD </p> <p><b>MAY 25</b></p>	<p>LAST DAY </p> <p><b>MAY 26</b></p>
<p>END QTR 1 <b>OCT 14</b></p>	<p>END QTR 2 <b>DEC 21</b></p>	<p>END QTR 3 <b>MARCH 10</b></p>	<p>END QTR 4 <b>MAY 26</b></p>
<p>THANKSGIVING BREAK <b>NOV 23-27</b></p>	<p>WINTER BREAK <b>DEC 22- JAN 4</b></p>	<p>SPRING BREAK <b>APRIL 7-16</b></p>	
<p> <b>Other Scheduled Closings:</b> </p>			
<p>Sep 5: Labor Day</p>	<p>Jan 16: MLK</p>	<p>Oct 17: Work Day</p>	<p>Feb 17: Contact Day</p>
<p>Nov 7: Contact Day</p>	<p>Feb 20: Presidents' Day</p>	<p>Nov 8: PD Day</p>	<p>March 13: Work Day</p>
<p>Jan 13: Contact Day</p>	<p>May 2: PD Day</p>		



**EMPATHY**

Consistently demonstrates awareness, compassion, and respect for others' feelings, thoughts, beliefs, and culture

**COMMUNICATION**

Listens to understand, and then communicates thoughts and ideas in a variety of forms

**ADAPTABILITY**

Remains flexible in a climate of constant change by reflecting and productively responding to feedback

**CRITICAL THINKING**

Skillfully evaluates available evidence and challenges established ideas with rational, open-minded, and informed reasoning

**INTEGRITY**

Develops and lives by a set of personal values, earning trust and respect through honest, principled, and compassionate behavior

**LEARNER'S MINDSET**

Remains curious, actively seeks answers, pursues diverse perspectives, and is driven by the desire to learn, unlearn, and relearn



**Whitmer High School**

Facebook @Whitmer\_HS

5601 Clegg Drive, Toledo, OH, U...

LEwing@WLS4Kids.org

(419)473-8490

wls4kids.org/whitmerhighscho...

**Every Student Matters; Every Moment Counts.**